

MEDWAY YACHT CLUB CADET WEEK 2019

SAILING INSTRUCTIONS

Dates: 28th July to 2nd August 2019

Organising Authority: The Cadet Class of the Medway Yacht Club

Upnor, Nr Rochester, Kent

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The RYA prescriptions will apply.
- 1.3 The relevant Class rules (except where inconsistent with these sailing instructions), the Notice of Race and the bylaws and directives of the Medway Ports Authority will apply.
- 1.4 No competing boat may pass between a patrol boat flying flag Naval "Zero" and the following merchant vessel it is escorting.
- 1.5 Boats racing shall avoid moored boats
- 1.6 Racing boats shall not sail over, and shall avoid, span lines on fore and aft moorings.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board(s) located at the entrance of the Medway Yacht Club club house

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions and any change to the schedule of races will be announced at the briefing held at approximately 0920 on the day it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the race start hut
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 20 minutes' in the race signal AP.

5 SCHEDULE OF RACES

- 5.1 There will be twice daily briefings for competitors by the Race Officer at the MYC Clubhouse at approximately 0920 hours and 1340 hours each day. The warning signal for the first scheduled afternoon race will be as follows: 28th July, 14:30 hours; 29th July – 2nd August, 9:55 hours; and for the first scheduled afternoon race will be at 14:30 hours. Any second or subsequent races scheduled for either the morning or afternoon will be held as soon as possible after the end of the previous race. The starting signal for each class will be the warning signal for subsequent classes.

- 5.2 To alert boats that a race or sequence of races will begin soon, the orange starting flag will be displayed with one sound not more than one minute before a warning signal is made.

6 CLASS FLAGS

For the first race each day, classes will start in the following order and for all races will use the following numeral pennant flags:

Fast Handicap Gold Fleet	Flag 1
Fast Handicap Silver Fleet	Flag 2
Slow Handicap Gold Fleet	Flag 3
Slow Handicap Silver Fleet	Flag 4

7 RACING AREA

The racing area will be in the River Medway from below the Medway Bridge to Long Reach

8 COURSES

All details of courses will be given by the Race Officer at the competitors' briefings and displayed on a whiteboard at the Medway Yacht Club.

When sailing downriver the downriver pile at Mears and Folly Point Beacon will be left to PORT and Darnet Fort Beacon to STARBOARD. When sailing upriver the downriver pile at Mears and Folly Point Beacon will be left to STARBOARD and Darnet Fort Beacon to PORT.

9 MARKS

Marks will be Medway navigational buoys, inflatable buoys, round yellow buoys with flags and black or red pillar buoys. The outer start and finish mark (ODM) will be a yellow buoy with a flag on a staff.

10 Spare.

11 THE START

- 11.1 Races will be started by using RRS rule 26 with the warning signal made 5 minutes before the starting signal.
- 11.2 The starting line will be between a mast displaying an orange flag on the committee boat and the ODM, or
- The transit of two white triangles above the MYC race hut.
- 11.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

12 CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1 To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.

13 THE FINISH

The finishing line will be between a mast displaying an orange flag on the committee boat and the ODM, or

The transit of two white triangles above the MYC race hut.

14 PENALTY SYSTEM

- 14.1 Penalties for breaches of sailing instructions 1.4, 1.5, 1.6, 11.3 and 18.1 will not be grounds for protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides. The scoring abbreviation for a discretionary penalty imposed under this instruction will be DPI.

15 TIME LIMITS AND TARGET TIMES

- 15.1 The time limit for each race, except the Marathon (references to the Marathon will include the Mini Marathon and the Micro Marathon), will be two hours for the first boat to finish. The time limit for the Marathon will be five hours. Boats finishing more than 30 minutes (60 minutes in the Marathon) after the first boat that sails the course in each class finishes will be scored DNF. For the Fast Handicap Gold and Silver Classes sailing in the Marathon, boats finishing more than 60 minutes after the first boat that sails the course will be scored DNF. This changes RRS Rule 35 and Appendix A4 and A5.

16 PROTESTS AND REQUESTS FOR REDRESS

- 16.1 Protest forms are available at the MYC race office. Protests and requests for redress or reopening shall be delivered to the Race Committee within the appropriate time limit.
- 16.2 For each class, the protest time limit is 90 minutes after the last boat has finished the last race of the day.
- 16.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at the Library, beginning at the time posted.
- 16.4 Notices of protests by the race committee will be posted to inform boats under rule 61.1(b).
- 16.5 The Exoneration Penalty and the Advisory Hearing and RYA Arbitration of the RYA Rules Dispute Process will be available. See Regatta Notice Board for details.

17 SCORING

- 17.1 One race will constitute a series.
- 17.2 (a) When fewer than three races have been completed, a boat's series score will be the total of her race scores.
- (b) When from three to four races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- (c) When five or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

18 SAFETY REGULATIONS

- 18.1 All competitors will be deemed to have signed on when entering the Regatta. When afloat, all competitors will wear the tally bands provided. These shall be returned to

the tally board within thirty minutes of returning ashore after each session of sailing (morning or afternoon). Failure to wear or return tally bands will be a reason for protest by the Race Committee.

18.2 A boat that retires from a race shall notify the Race Committee as soon as possible.

18.3 All competitors shall wear personal flotation devices at all times when afloat. Wet suits and dry suits are not personal flotation devices. This changes RRS 40.

18.4 Each boat shall carry a suitable towline. In the case of Lasers and dinghies in the Fast Handicap Fleets this shall be a minimum length of 6 metres, and for all other dinghies this shall be a minimum length of 4 metres.

19 REPLACEMENT OF CREW OR EQUIPMENT

19.1 Substitution of competitors will not be allowed without prior approval of the Race Committee.

20 EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected by the Race Committee at any time for compliance with the class rules and sailing instructions.

21 PRIZES

A list of prizes will be displayed on the Regatta Notice Board.

22 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

23 INSURANCE

Each participating boat shall ensure that they have adequate and valid third-party liability insurance against loss, damage, and/or injury to persons, yachts and equipment at any time and however occurring.