

# Medway Yacht Club 55th Medway Marathon Sunday 5<sup>th</sup> August 2018

## Sailing Instructions



### SPORTSMANSHIP AND THE RULES

Competitors in the sport of sailing are governed by a body of rules that they are expected to follow and enforce. A fundamental principle of sportsmanship is that when *competitor* breaks a rule they will promptly take a penalty or retire.

#### 1. RULES

1.1 The event will be governed by:-

- The directives and Bylaws of Peel Ports Medway Ltd (PPM)
- The Racing Rules of sailing 2017 –2020 (RRS)
- The Prescriptions of the RYA and the principles and practice of the RYA Racing Charter
- The rules of the relevant class associations except as changed by these Sailing Instructions
- The Notice of Race (NOR)
- These Sailing Instructions (SI's)
- Medway Yacht Club Minimum Equipment List (MEL)

1.2 In the event of conflict between the rules, those of the SI's shall prevail but never over the directives of PPM.

1.3 The exoneration penalty (and the advisory and RYA Arbitration) of the RYA Rules disputes procedure will be available

1.4 The following RRS will be changed: RRS29, RRS 33, RRS 35, RRS40, RRS 64.1, and Race Signals. Details are set out below.

#### 2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official Notice Board located at the entrance to the Club House.

#### 3. CHANGES TO SAILING INSTRUCTIONS

Any changes to these SI's will be posted not later than 09.20 on 5<sup>th</sup> August 2018

#### 4. SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed in the vicinity of the Race Box of Medway Yacht Club on the mound near the clubhouse, and will either be displayed by boards placed in front of the Race Box or by flags on the Race Box masts.

4.2 When flag AP is displayed ashore. "1 minute" is replaced by "not less than 30 minutes" in the Race Signal AP

#### 5. STARTING TIMES AND CLASS FLAGS

Class	PY No:	Start Times	Class Signal
Class 1	1196 – 1315	10.00	ICF 1
Class 2	1103 – 1195	10.10	ICF 2
Class 3	1102	10.20	Wayfarer Class Flag
Class 4	971 – 1101	10.30	ICF 3
Class 5	970 and below	10.40	ICF 4

#### 6. COURSES

6.1 The **FULL Marathon** course to be sailed will be designated by the display of the numbers **01** from the race box not later than the warning signal for that class.

6.2 Marathon Course Folly Point Beacon (P), Darnett Beacon (S), 16 (S), Otterham FB (P), 13 (S), Zulu 2 (P), Blackstakes (P), South Kent (S), Queenborough Spit (S), Blackstakes (S), Stangate Creek Orange (S), Stangate Spit (P), 12 (P), 16 (S), Darnett Beacon (P), Folly Point Beacon (S), 30 (P), Upnor Line (approx distance 26 miles)

#### 7. MARKS

Marks will be Medway navigation buoys and an orange or white inflatable buoy in Stangate Creek.

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### 8. Obstructions

- 8.1 This event is held on a navigable river and large vessels have right of way. International regulations and local bylaws may also apply to vessels using jetties, piers, berths, moorings etc.
- 8.2 If a large vessel is being escorted, no boat shall sail between the guard vessel displaying naval numeral "0" (zero) and the vessel it is escorting. Boats shall not obstruct the fairway. Any boat reported by an Official Vessel to have contravened this instruction or otherwise deemed to have caused an obstruction will be subject to protest and liable to be scored DNE.
- 8.3 Boats shall not sail between Folly Beacon and Hoo Island, nor between Darnett Beacon and Darnett Ness, nor cross Bishop Marsh which lies between Darnett Ness and Bishop Ness.
- 8.4 Vessels on moorings or at anchor are deemed to be obstructions for the purposes of RRS. If a boat or its crew make contact with a moored or anchored vessel she shall declare the contact when signing off at the end of the race and accept a 20% penalty.

### 9. THE START

- 9.1 Races will be started by using RRS rule 26. The MYC advisory light procedures will be available (See Appendix)
- 9.2 The start line will be a transit line running approximately north/south through the apex of the two white triangles on shore above the Race Box.

### 10. CHANGING THE NEXT LEG OF THE COURSE

At any mark of the course, the race committee may display flags ICF 'C' over 'R' with repetitive sound signals. All competitors shall round this mark on the designated side and proceed directly to the MYC finish line as defined in SI 12 leaving buoy 30 to port, while still observing the prohibited areas as defined in SI 8. This changes RRS Race Signals and RRS 33

### 11. RACE ABANDONMENT

If the race is abandoned, in addition to official boats displaying ICF 'N', guard boats will fly a PINK FLAG

### 12. THE FINISH

The finish line will be as specified above in Instruction 9.3

### 13. TIME LIMITS

The time limit for all competitors will be 1700 hours. This changes RRS 35

### 14. Protests and Requests for Redress

- 14.1 Protest forms are available from the Race Box. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 14.2 (a) When the boats finish at the MYC club line, the protest time limit will be 60 minutes after the last boat finishes.  
(b) If the course is shortened at a mark downstream, the protest time limit will be 120 minutes after the last boat finishes at that mark.
- 14.3 Notices to inform competitors of hearings in which they are parties, or named as witnesses, will be posted within 30 minutes of the protest time limit.
- 14.4 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).
- 14.5 The RYA Exoneration Penalty, the RYA Advisory Hearing and RYA Arbitration provided for by the RYA Rules Disputes Process will be available.

### 15. SCORING

Boats will be scored according to their finishing time corrected by the Portsmouth Yardstick handicap system.

### 16. SAFETY

- 16.1 For all dinghy classes, competitors shall wear personal floatation devices at all times whilst racing, expect briefly while changing or adjusting clothing or personal equipment. This changes RRS 40
- 16.2 Keelboats and dinghies shall take one tally wrist band from the tally board per boat.
- 16.4 Tallies shall be returned to the tally board within 30 minutes of a boat's crew coming ashore.

### 17. DECLARATIONS

- 17.1 The owner or owner's representative must return tally bands to a tally board within 30 minutes of a boat's crew coming ashore and in doing so the owner or the owner's representative is declaring that the boat has finished as defined in the RRS and complied with the Rules of the race as referred to in these SI's.
- 17.2 If the boat has retired or is required to make a declaration under Instruction 8.4, the owner or the owner's representative shall note this fact on the declaration sheet on the tally board.  
If a boat has retired and the owner or owner's representative is unlikely to return to the shore before the time limit she shall make every effort to advise the Race Committee of the situation. The telephone number for calls to notify of such retirements is (01634) 718 169. In these cases the **TALLIES MUST BE RETURNED at the same time that the declaration is signed. This may be done at MYC or WSC.**

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18. **OFFICIAL BOATS**  
Official race committee boats will display ICF Numeral Pennant '9'.
19. **GUARD BOATS** Guard boats will be display a yellow 'Day-Glo' flag.
20. **PRIZES**  
**Medway Command Trophy** – for the first overall on corrected time  
**Medway Bell Trophy** – First Student or Cadet on corrected time to complete the full Marathon  
**Pop Parsons Trophy** – First Student or Cadet on corrected time to complete the full Marathon who is a member of Medway Yacht Club  
**Sailability Trophy** – For the first disabled crew to finish in corrected time  
**The Molly Leonard Trophy** – For the first MYC helmswoman on corrected time.  
**Roger Chapman Trophy** – For the first squib  
**Sonata Trophy** – First overall in Sonata Class.  
Other trophies and glassware may be awarded.
21. **RISK STATEMENT.**  
Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
  - (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
  - (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
  - (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
  - (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
  - (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances; and
  - (g) It is their responsibility to familiarise themselves with any risk specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held at the venue.
22. **INSURANCE**  
Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2,000,000 per incident or the equivalent.

Medway Yacht Club 1st July 2018